

**Jump into Summer  
May 29-May 31, 2009  
A Meet**

**Sponsored By:** Twin Cities Swim Team

**Sanctioned By:** Minnesota Swimming, Inc. and USA Swimming, Inc.

**Meet Sanction Number:**

**Meet Director:** Jim Andersen  
[tcswim@umn.edu](mailto:tcswim@umn.edu)

**Meet Marshal:** Katie Cordes

**Inquiries:** Jim Andersen  
612-625-1026 #2  
[tcswim@umn.edu](mailto:tcswim@umn.edu)  
or  
Suzanne Lancey  
612-625-1026  
[tcswim@umn.edu](mailto:tcswim@umn.edu)

**Entries:** Suzanne Lancey  
100 Cooke Hall  
1900 University Ave SE  
Minneapolis, MN 55455  
612-625-1026 #2  
[twinent@umn.edu](mailto:twinent@umn.edu)

**Safety Officer:** Katie Cordes

**Team Coaches:** Sean McCaffrey, Suzanne Lancey, Ben Bartell, Zach Wood, Chris Shortreed, Rory Belk, Tony Peterson, Gretchen Krumweide, Katie Cordes

**Club Officials:** Steve Croissant, Jim Hanton

**Officials: (Referee) Michael Bougie**

**Team President:** Jim Andersen

**Registration Chair:** *Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184*

**Meet Type:** *This is a 2½ day meet for all swimmers with A times or above from all zones including any out of state swimmers can attend this meet.*

**Pool Location:** University of Minnesota Aquatic Center 1900 University Ave. SE Minneapolis, MN 55455

**Time Schedule:** Friday Afternoon Session – Warm-up Start 4:00pm. Warm-up Ends 4:50pm. Meet Start 5:00pm. Morning Session - Warm-up Start 7:30am. Warm-up Ends 8:20am. Meet Start 8:30 am. Afternoon Session: Will not start before 11:30am preceded by a 60 minute warm up.

**Facility:** *8 Lane, 50 Meter Indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 28 inches above the water surface. The pool depth at the starting end is 7 feet deep. The Twin Cities Swim Team requires that all coaches remain behind the restraining ropes during competition.*

**Timing:** *Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.*

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in meters.

**Minnesota host teams must use Hy-Tek software to run swim meets. Those teams using disk entry must use Hy-Tek software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED and PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek Disk entry unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this entry.**

**Entry Due Date:** 12:00 noon, May 21, 2009. Telephone entries will be accepted for new events achieved between the entry deadline and 2:00 pm on the Monday before the meet. No entries will be accepted after the 2 pm deadline. EMAILED entries are preferred. Please send email entries to [tcswim@umn.edu](mailto:tcswim@umn.edu). Please follow these guidelines when submitting EMAILED ENTRIES:

1. Use Hy-Tek Team Manager (Version 4.0) to send entries.
2. Email a TEXT FILE of your entries along with the TEAM MANAGER FILE – this allows the Entries Chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to **make sure no swimmers are left out of the meet. This is extremely IMPORTANT!**
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT FILE must accompany the REVISED TEAM MANAGER file.
5. Bring the Fee Calculation Form and your **payment** to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. **If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair that means that she has NOT ENTERED YOUR SWIMMERS! Call or email her until she confirms that she has received your entries. )**

**No Times "NT" entries will not be accepted. Swimmers without official time for an event must be entered at a time that best represents their abilities.**

**Awards:** No awards will be given for senior events. Individual Events ~ A Events: Medals, 1st - 8<sup>th</sup>. Certificates will be issued for new Champ, Relay Events: 1st - 3rd place medals. Team trophies will be awarded to the Top 2 Teams in A, AA & AAA Division for the A portion of the meet. Teams from outside of Minnesota will be placed in the AAA Division. A special award for heat winners will be given. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results. (Per legislation passed 1/17/06 awards must be given to athletes at the meet.)

**Scoring:** Individual Event Points: 9-7-6-5-4-3-2-1. Relay Event Points: 18-14-12-10-8-6-4-2

***Distance Events:*** A positive check-in will be required for the 400 IM and 800 Free. Check-in will be required at the timing table by 4:15pm. Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008. *Minnesota Scratch rules will be in effect.*

***Fees:*** \$2.50 per entrant listed on the entry sheet, \$5.00 per individual splash, \$20.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks must accompany entries and made payable to: Twin Cities Swim Team.

***Concessions:*** Will be provided.

***Open Lane Swims:*** The MSI "Open Lane Swim" procedure will be available at the meet. The splash fee is \$5.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, swimmers may only swim in their own age group and only in the same event and distance that they were originally entered. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of four events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

***Oversize Meet Procedure:*** The MSI/USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

***Meet Information, Rules And Regulations:*** All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be conducted in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

***USA Swimming Membership:*** All swimmers must be current 2009 registered athlete members of USA Swimming. All coaches must be current 2009 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

***Warm-Up:*** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

***Swimmers Without a Coach Present:*** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

***Purpose:*** To encourage and promote competitive swimming among age group swimmers.

***Entries:*** All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

***Timed Finals:*** This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

***Time Standards:*** Minnesota Time Standards dated April 1, 2009 will be used. Senior boys and Girls events will use the 15-16 age group time standards to qualify.

***Timelines:*** Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

***Changes To The Meet Information:*** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

***Meet Committee:*** A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

***Coach's Meetings:*** Will take place on a regular basis at the discretion of the referee.