

**Twin III**  
**Saturday May 9<sup>th</sup>, and Sunday May 10<sup>th</sup>, 2009**  
**Invitational**  
Sanction #: MN09-04-121M.

**Sponsored By:** Twin Cities Swim Team  
**Sanctioned By:** *Minnesota Swimming, Inc. and USA Swimming, Inc.*  
**Meet Sanction Number**

**Meet Director:** Jim Andersen [tcswim@umn.edu](mailto:tcswim@umn.edu)

**Meet Marshal:** Katie Cordes

**Inquiries:** Jim Andersen 612-964-8272 [tcswim@umn.edu](mailto:tcswim@umn.edu)      **Entries:** Suzanne Lancey 612-625-1026  
[twinent@umn.edu](mailto:twinent@umn.edu)

**Safety Coordinator:** Jim Andersen

**Team Coaches:** Sean McCaffrey, Suzanne Lancey, Ben Bartell, Zach Wood, Chris Shortreed, Gretchen Krumweide

**Club Officials:** Steve Croissant, Jim Hanton, Ford Erickson

**Referee:** Michael Bougie [bougieml@msn.com](mailto:bougieml@msn.com)

**Starter:** Jim Hanton

**Team President:** Jim Andersen

**Registration Chair:** *Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184*

**Meet Type:** *This is a invitational for all swimmers with Ch, A, B, C and Pre-C events.*

**Teams Attending:** TWIN, Silver Rays, SEMS, Med-City, Storm, Faribault, Badger, Minnesota Aquatics, Blackdog, NHCP, Northfield, Eau Claire, Aquajets, HASA, Edina

**Pool Location:** University of Minnesota Aquatic Center 1900 University Ave SE, Minneapolis, MN 55455

**Time Schedule:** *Saturday Afternoon Session 1: W/U 12:00noon, Meet Start 1:00p. Saturday Afternoon Session 2: W/U3:30 W/U, Meet Start 4:00 (approximately) Sunday Morning Session: W/U 7:30a, Meet Start 8:30a*

**Facility:** 8 Lane, 50 Meter Indoor *pool with lanelines and backstroke pennants.* (Slanted *starting blocks are 16 inches above the water surface. The pool depth at the starting end is 7 feet deep.* The Twin Cities Swim Team requires that all coaches remain behind the restraining ropes during competition.

**Timing:** *Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.*

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 3 individual events per day, not including relays. All seed times must be in meters. Email entries are preferred to [tcswim@umn.edu](mailto:tcswim@umn.edu)

**Entry Due Date:** 5/1/2008, 12:00pm

**Awards:** None – special award for heat winners

**Scoring:** None

**Fees:** \$1.50 entry fee (new MSI non-scheduled meet fee) and \$28.50 = \$30.00

**Checks must accompany entries and made payable to:** Twin Cities Swim Team

**Concessions:** Will be provided.

**OVERSIZE MEET PROCEDURE:** The MSI/USA Swimming four hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

**MEET INFORMATION, RULES AND REGULATIONS:** All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

**USA SWIMMING MEMBERSHIP:** All swimmers must be current 2009 registered athlete members of USA Swimming. All coaches must be current 2009 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

**WARM-UP:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

**Swimmers Without a Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**PURPOSE:** To encourage and promote competitive swimming among age group swimmers.

**ENTRIES:** All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

**TIMED FINALS:** This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

**TIME STANDARDS:** 2009 2012 Time standards effective 4/1/09.

**TIMELINES:** Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

***CHANGES TO THE MEET INFORMATION:*** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

***MEET COMMITTEE:*** A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete(not from the host club). Judgment decisions cannot be protested.

***COACH'S MEETINGS:*** Will take place on a regular basis at the discretion of the referee.